

HEALTH OUTCOMES



Where do we stand?

Based on the 2014 Rankings and Roadmaps, Halifax County placed 96th out of the state's 100 counties in Health Factors and 99th in Health Outcomes.



How do we fix this?

Studies have also shown that people with access to neighborhood parks are twice as likely to be active. Frequent access to places that support physical activity can increase the frequency of weight loss and physical activity.



Why should we create recreational centers?

Youth are more likely to become obese and less active when there are few recreational facilities are nearby, therefore verifying the need for more recreational places.



Financial benefit

The county currently spends 88% of their health related funds on medicine but only 4% on promoting healthy behavior. Promoting a healthy lifestyle can diminish the amount of money we put into healthcare costs.



Where can we use these funds?

These funds can be redirected to county wide parks and recreation programs which promote healthy behaviors.